**Structure for MP Letter – Please see Briefing Pack for more information**

**Find your local MP’s details** [**here**](https://www.theyworkforyou.com/)

**1 –Include your own address when you write to your MP so that they will know you live in their constituency.**

**2- Your name, inform them that you are one of their constituents, who you are and the reasons you are writing to them**

**3- An introduction to the issue and why this is important to you. Share your experiences wherever you feel comfortable.**

**4- A call to action. Ask them to sign the Five X More Pledge on Black Maternal Health because this might change the experience of another black woman:**

**Five X More MPs Pledge on Black Maternal Health**

To sign the pledge please email: [fivexmore@gmail.com](mailto:fivexmore@gmail.com)

*Black women are four times more likely to die during pregnancy and childbirth. We need urgent action to tackle this staggering health disparity.*

*I pledge to:*

*1.                   Speak to my local health regulators, providers, and clinical commission groups about improving outcomes locally*

*2.                   Call on the Secretary of State for Health to implement a plan to improve maternal outcomes for Black women*

*3.                   Support further debates and inquiries in Parliament on Black Maternal Health*

*4.                   Meet with Black women in my Constituency to discuss their experiences and concerns*

*5.                   Call on the Government to implement the recommendations of Human Rights Select Committee report “Black people, racism and human rights”, on Black Maternal Health*

**5 – Tell them you look forward to hearing from them.**